Nowadays families are not as close as they used to be.

What do you think are the causes of this?

What can be done to make families closer?

Family members are not bonding together these days as much as they did in the past. There are several reasons for this concern such as modern lifestyle and advanced technology in communication. To address this issue, we need to teach both parents and children about the difference of their generation and help them to understand each other better.

Being close with anyone requires spending time, talking, sharing feelings and thoughts. However, we are living a competitive life that takes our time with the aim of being successful and make our dreams come true. We must concentrate on our job. All these lead to less time to spend with family. Besides due to new technology we mostly communicate via social media instead of face to face. This means family members do not have much quality time together.

Moreover, children are different from their parents in many aspects also, spouses are different from each other due to sex differences. In an attempt to have a close relationship we need to be aware of these varieties. To achieve that awareness, we had to teach children either parents some basic psychological facts about them so that helps them to understand each other better which will lead to a closer connection.

In conclusion, being close with family members is vital to form our identity. However, we are facing fewer communication among families every day due to changes in our way of life. We need to show juveniles

the importance of identity and the role of the family in forming identity. Also, it is essential that adults be varied of crises that the new generation are struggling with, by doing that they could be closer to them.